

Transition Goals and Activities for Inclusive Post-Secondary Programs

Domain 1: Education/Training		
Goal 1.1	Demonstrate improvement in independence level of electronic communication through __ activity (ies)	Activity 1.1.1: Responds to ___ emails per (week/month/semester)
		Activity 1.1.2: Initiates __ emails per (week/month/semester)
		Activity 1.1.3: Attaches documents to email (___ per week/month/semester)
		Activity 1.1.4: Explores ___ types of adaptive software to assist in communication/writing/composition needs.
		Activity 1.1.5: Utilize adaptive software to assist in communication/writing/composition needs
		Activity 1.1.6: Makes _____ electronic journal entries per (week/month/semester)
Goal 1.2	Submits __ assignments in electronic format per (week/month/semester)	Activity 1.2.1: Attaches __ assignments to email or submits to electronic classroom per (week/month/semester)
		Activity 1.2.2: Creates __ presentation in electronic format (powerpoint, prezi) per (week/month/semester/class)
		Activity 1.2.3: Presents __ electronic format assignment to peers, instructor per (week/month/semester/class)
Goal 1.3	Independently completes __ modified course assignments	Activity 1.3.1: Records __ assignments in agenda, electronic calendar or assignment book
		Activity 1.3.2: Creates __ step schedule for task completion
		Activity 1.3.3: Submits ___ assignments by deadline
Goal 1.4	Improves literacy to enhance career goal by completing ___ activities.	Activity 1.4.1: Utilize adaptive software to enhance comprehension when reading material for __ courses.
		Activity 1.4.2: Communicate needs, preferences, and aptitudes in writing, using adaptive software when appropriate for ___ assignments
		Activity 1.4.3: Reads and understands directions, using adaptive software when appropriate, for __ assignments
		Activity 1.4.4: Creates an adapted list/schedule to carry out responsibilities for ___ assignments
Goal 1.5	Makes __ course selections based on career goals	Activity 1.5.1: Makes & keeps __ appointment(s) with guidance counselor to review results of career interest/aptitude inventory
		Activity 1.5.2: Selects __ courses appropriate for career area
		Activity 1.5.3: Makes & keeps one follow-up appointment with guidance counselor in case interests change

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Goal 1.6	Applies new learning to other class contexts by completing ___ activity(ies).	Activity 1.6.1: Utilizes graphic organizers introduced in Study Skills course in _____ academic classes.
		Activity 1.6.2: Utilizes presentation format introduced in ___ course to make presentation in _____ other course(s)
Goal 1.7	Registers for ___ activities via website **	Activity 1.7.1: Uses personal log-in to sign on to ___ website(s)
		Activity 1.7.2: Navigates ___ website (s) successfully, entering personal information to register
		Activity 1.7.3: Selects ___ appropriate event(s) on website, attending to time and event requirements.
Goal 1.8	Improves literacy by adding ___ skills per (week/month/semester)	Activity 1.8.1: Take notes on the main points of a lecture ___ time(s) per (week/month/semester)
		Activity 1.8.2: Sequence _____ facts per (week/month/semester)
		Activity 1.8.3: Submit ___ written assignments, including (select) <ul style="list-style-type: none"> • Personal (journals, diaries, stories, poems) • Social (friendly letters, thank-you notes, invitations) • Academic (themes, reports, essays) • Business (letters, memos, applications)
		Activity 1.8.4: Compose and revise _____ assignment(s) per (week/month/semester) on a computer (using adapted equipment or software as appropriate)
		Activity 1.8.5: Develop a way to make a list of reminders or self-cues
		Activity 1.8.6: Write a complete sentence to answer ___ short questions
		Activity 1.8.7: Answer an essay prompt with ___ sentences or less.
		Activity 1.8.8: Write a clear 3+ paragraph essay with an introduction, body, and conclusion
		Activity 1.8.9: enter work into a computer or other keyboard aid and approximately spell ___ % of words so that the spell check feature can provide the intended word as choice
		Activity 1.8.10: enter work into a computer or other keyboard aid and activate the grammar check feature to make appropriate corrections
		Activity 1.8.11: Submit a research paper with ___ of the items below (select) Less than ___ spelling errors Less than ___ grammar errors Complete sentences

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		__ References Introduction Conclusion
Goal 1.9	Develop __ ideas about a topic for the purpose of speaking to a group per (week/month/semester)	Activity 1.9.1: Chooses __ related ideas per (week/month/semester)
		Activity 1.9.2: Presents __ ideas verbally per (week/month/semester)
		Activity 1.9.3: Evaluates __ similar presentations by others per (week/month/semester)
Goal 1.10	Improve ability to follow directions by adding ____ skills	Activity 1.10.1: Recognize and respond appropriately to __ directional words and symbols: Traffic signals Bathroom and community signs Caution words
		Activity 1.10.2: correctly respond to __ signs for traffic, including: stop, yield, one-way, do not enter, etc
		Activity 1.10.3: read and follow basic ____-step directions found on packages for food preparation
		Activity 1.10.4: Read and follow basic ____-step directions for assembly
Goal 1.11	Develop ability to gather information from textbooks by adding ____ skills.	Activity 1.11.1: Navigate textbook by effective use of (select) Table of Contents Glossary Index Pictures/diagrams Bold and italics print Captions Chapter summaries Chapter questions
		Activity 1.11.2: demonstrate use of highlighters and margin notes to emphasize important information from texts

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		<p>Activity 1.11.3: Investigate personal preference of study techniques SW3R Skimming Scanning</p>
		<p>Activity 1.11.4: Digitally record ___ lectures to determine if this is a helpful strategy</p>
		<p>Activity 1.11.5: Use text reading program for ___ assignments to determine if this is a helpful strategy</p>
Goal 1.12	Develop ability to read prose for enjoyment and study by adding ___ skills.	<p>Activity 1.12.1: Use organization of magazines/newspapers to located needed information by locating ___ (select) Headlines Article Titles Captions Index</p>
		<p>Activity 1.12.2: Access information by adding ___ of the following skills Skimming Using audiotapes Using computer readers</p>
		<p>Activity 1.12.3 Read literature guides to understand a work of literature (select) Hard copy internet</p>
Goal 1.13	Demonstrate skills to manipulate money by adding ___ skills	<p>Activity 1.13.1: Identify which currency to use at a vending machine</p>
		<p>Activity 1.13.2: Identify how much money to give for a purchase</p>
		<p>Activity 1.13.3: Count coins and bills to: (select) \$1.00 \$5.00 \$10.00 \$20.00</p>
		<p>Activity 1.13.4: Calculate sales tax of ___ item(s), with/without (select) calculator</p>
		<p>Activity 1.13.5: Calculate discount of ___ item(s) with/without (select) calculator</p>
		<p>Activity 1.13.6: Estimate cost of ___ item (s) including/not including (select) sales tax</p>

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Goal 1.14	Develop an understanding of time by adding ___ skills	Activity 1.14.1: Identify ___ below on a calendar Days Weeks Months Holidays Weekends Appointments
		Activity 1.14.2: Use a clock (digital/analog) to plan completion of a task by recognizing ___ items (select) Time elapsed Time remaining Estimate of time needed to complete task
		Activity 1.14.3: Demonstrate punctuality by (select ___) Arriving to class on time Returning from break on time Keeping appointment Meeting deadline of project/assignment
Goal 1.15	Demonstrate the ability to perform basic functions with a calculator by adding ___ skills	Activity 1.15.1: Use a calculator to manipulate whole numbers and decimals to (select) Add Subtract Multiply Divide
		Activity 1.15.2: Use a calculator to solve problems involving (select) Fractions Percents
		Activity 1.15.3: Use a graphing calculator to correctly interpret information given

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Domain 2: Development of Employment		
Goal 2.1	Holds a part-time job or volunteer position	Activity 2.1.1: Use internet, newspaper, or other source to locate ___ employment/volunteer opportunities
		Activity 2.1.2: Identify ___ job opportunities within area of identified interest
		Activity 2.1.3: Submit ___ application(s) (paper or on-line)
		Activity 2.1.4: Select appropriate attire for interview
		Activity 2.1.5: Practice interview skills ___ times per (week/month/semester)
		Activity 2.1.6: Attend interview
		Activity 2.1.7: Clock-in/Sign-in to work by start of shift ___% of time
		Activity 2.1.8: Call supervisor when absence is necessary
		Activity 2.1.9: Receive positive job evaluation by obtaining a score of “satisfactory” or “meets expectations” or higher on ___ % of evaluation items.
Goal 2.2	Explores ___ career options and makes choices based on interest and ability	Activity 2.2.1: Completes ___ interest assessment(s)
		Activity 2.2.2: Completes ___ aptitude assessment(s)
		Activity 2.2.3: Reviews interest and aptitude results, and applies information to make ___ career selection(s)
		Activity 2.2.4: Creates ___ career goals based on career selection & requirements
		Activity 2.2.5: Re-visits interest and aptitude assessments ___ time per year and revises options as necessary
Goal 2.3	Applies problem Solving strategies by using ___ steps (activities)	Activity 2.3.1: Identifies problem to be solved
		Activity 2.3.2: Brainstorms possible solutions
		Activity 2.3.3: Evaluates efficacy of proposed solutions
		Activity 2.3.4: Selects best identified solution
		Activity 2.3.5: Reviews/evaluates outcome
Goal 2.4	Applies ___ conflict-management strategies in work-related situations	Activity 2.4.1: Communicates concern with employer/supervisor
		Activity 2.4.2: Discusses solution with co-worker(s)
		Activity 2.4.3: Evaluates effectiveness of solution after reasonable time
		Activity 2.4.4: Makes changes as necessary

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		Activity 2.4.5: Provides feedback to employer/supervisor
Goal 2.5	Demonstrates the self-determination to explore __ career options	Activity 2.5.1: Identifies career area interests and aptitudes through Career Cruising or other similar websites
		Activity 2.5.2: Identifies ___ possible careers in area of interest/aptitude
		Activity 2.5.3: Creates a portfolio of __ career possibilities
		Activity 2.5.4: Explores __ identified careers through interviews, shadowing, or volunteer experiences
Goal 2.6	Identifies ___ personal strengths, challenges, and interests related to career choice	Activity 2.6.1: Completes ___ modified activities for self-assessments on Career Cruising or other similar websites
		Activity 2.6.2: Describes ___ results of self-assessments in terms of strengths and weaknesses
		Activity 2.6.3: Identifies ___ kinds of assistance would be most helpful
		Activity 2.6.4: Creates __ goals related to results of self-assessments
Goal 2.7	Obtains current information from reliable sources on career options	Activity 2.7.1: Documents __ appointment(s) with Counselor to discuss career options
		Activity 2.7.2: Creates online Career Portfolio using GACollege411, Career Cruising, or similar instrument
		Activity 2.7.3: Updates portfolio at least ___ times during semester
Goal 2.8	Pursues competitive employment	Activity 2.8.1: Creates resume
		Activity 2.8.2: Participates in ___ interview role play(s) per (week/month/semester)
		Activity 2.8.3: Attends __ local job fair(s)
		Activity 2.8.4: Applies for employment at __ locations
		Activity 2.8.5: Participates in job interview at ___ places of employment
		Activity 2.8.6: Follows up on each Job Interview with a thank-you note.

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Domain 3: Community Participation		
Goal 3.1	Expresses self-confidence and positive self-concept during ___ social interactions	Activity 3.1.1: Introduces self __ times per (week/month/semester)
		Activity 3.1.2: Provides brief but clear explanation of area of interest and classes taken __ times per (week/month/semester).
		Activity 3.1.3: Describes strengths and limitations ___ times per (week/month/semester).
		Activity 3.1.4: Asks for assistance as appropriate. ___ times per (week/month/semester).
Goal 3.2	Demonstrates self-control by engaging in ___ activities	Activity 3.2.1: Distinguishes between appropriate and inappropriate behavior in class, on campus, and in the community ___ times per (week/month/semester).
		Activity 3.2.2: Uses 5-step problem-solving strategies to increase effectiveness when working in teams or cooperative groups ___ times per (week/month/semester).
		Activity 3.2.3: Demonstrates 3-step conflict-resolution process __ times per (week/month/semester).
Goal 3.3	**Accesses bus or shuttle system	Activity 3.3.1: Waits appropriately at designated bus stop __ times per (week/month/semester)
		Activity 3.3.2: Manages fare or fare product (card, ticket, voucher, transfer)
		Activity 3.3.3: Identifies destination to driver ___ times per (week/month/semester).
		Activity 3.3.4: Displays appropriate social behavior while riding ___ times per (week/month/semester)
		Activity 3.3.5: exits vehicle at appropriate stop ___ times per (week/month/semester)
		Activity 3.3.6: identify/determine best strategies to address missing stop Notify driver Use cell phone to report/get help Stay on bus and ride until stop is reached again
		Activity 3.3.7: Access bus schedule/website to plan ___ trips per (day, week, month, semester)
Goal 3.4	**Joins ___ clubs/organizations per (week/month/semester)	Activity 3.4.1: Reviews list of club/organization possibilities
		Activity 3.4.2: Selects ___ club/organization(s) of interest based on sport or hobby preference or career choice
		Activity 3.4.3: Contact organizer
		Activity 3.4.4: Attend at least two meetings

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Goal 3.5	**Joins ___ advocacy organizations	Activity 3.5.1: Conduct internet search to discover ___ appropriate advocacy organization(s)
		Activity 3.5.2: Attend agency fair and identify at least two organizations of interest
		Activity 3.5.3: Contact organizer
		Activity 3.5.4: Attend at least two meetings
Goal 3.6	Student will complete ___ activities to obtain a driver's license	Activity 3.6.5: Obtain driver's test booklet or study guide
		Activity 3.6.6: Score ___ % correct on pre-test
		Activity 3.6.7: Determine if adapted test administration would be helpful
		Activity 3.6.8: Describe steps necessary to have test adaptations
		Activity 3.6.9: Request test adaptations
		Activity 3.6.10: Obtain passing score on test
Goal 3.7	Student will complete ___ activities to maintain a car	Activity 3.6.11: research car insurance and obtain ___ quotes for comparison
		Activity 3.7.1: Operate a self serve gas pump by completing ___ activities Determining method of payment Paying with cash Using PIN number for debit card Using credit card Determining grade of fuel Pumping gas into tank Stopping pump when correct amount has been reached Completing transaction
		Activity 3.7.2: Maintain appropriate air pressure in car tires by completing ___ activities State air pressure required for tire/vehicle Check air pressure using tire gauge Put air in tires using pressurized air pump
		Activity 3.7.3: complete ___ steps to change a tire Pull over to a safe, level location Locate and assemble jack Raise car Loosen lug nuts

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		Remove tire Obtain spare Put spare tire on car Tighten lug nuts Lower car Put away tire, jack Check air pressure

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Domain 4: Adult Living/Post School Options		
Goal 4.1	Advocates for assistance appropriately by completing ___ activity (ies)	Activity 4.1.1: Makes and keeps ___ appointment(s) with counselor to review course schedule
		Activity 4.1.2: Makes and keeps ___ appointment(s) with teacher(s) to review academic accommodations/assess effectiveness per (week/month/semester)
		Activity 4.1.3: Makes and keeps ___ appointment(s) with employer to discuss job accommodations
Goal 4.2	Demonstrates understanding of daily schedule, class routines, and discourse by completing ___ activity(ies)	Activity 4.2.1: Follows schedule and arrives promptly to class ____% of time
		Activity 4.2.2: Follows ___ step class routine
		Activity 4.2.3: Follows ___ rules of classroom discourse
		Activity 4.2.4: Makes entry on electronic calendar/software to manage schedule and assignments ___ times per (week/month/semester).
Goal 4.3	Demonstrates ___ independent living goals	Activity 4.3.1: Gains entry to living space with key/key card
		Activity 4.3.2: Observes ___ social conventions when sharing space with others (respecting property, modulating voice and tv/music, etc,)
		Activity 4.3.3:
Goal 4.5	Improves community access by managing Finances/money. Adds ___ skill(s)	Activity 4.5.1: Manages bills and change to purchase items
		Activity 4.5.2: Uses bank card appropriately to purchase items
		Activity 4.5.3: Budgets money in account to manage expenses for (select)
		Food purchases Clothing purchases Hygiene items Entertainment expenses

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Goal 4.6	Demonstrates ability to manage food plan by developing ____ skills	Activity 4.6.1: Selects moderate food amounts in cafeteria-style or self-serve style dining
		Activity 4.6.2: Manages tray, drink, and utensils independently
		Activity 4.6.3: Engages in appropriate conversation with fellow diners
		Activity 4.6.4: Manages dining time appropriately (i.e.: Completes meal and clean up in time to leave for next class, activity, or appointment)
Goal 4.7	Sets reasonable expectations for academic, social and career development by engaging in ____ skills.	Activity 4.7.1: Attends and participates in IEP to provide input on appropriate goals
		Activity 4.7.2: Develops a plan to achieve a realistic long-range goal with three short-term objectives related to(select) Academic achievement social development career development physical fitness
		Activity 4.7.3: Advocates for self based on identified strengths and challenges by requesting or approving IEP goals recommended by team
Goal 4.8	Obtains needed items available at a grocery store by adding ____ skills	Activity 4.8.1: Compose list of ____ needed grocery items
		Activity 4.8.2: locate ____ items at the grocery store using (select) Aisle signage Similar item match Asking employee for assistance Memory of previous trips
		Activity 4.8.3: select appropriate item based on (select) Preference Freshness Nutritive value cost
		Activity 4.8.4: pay for groceries using (select) Cash Check Electronic debit card Gift card

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<p>Goal 4.9</p>	<p>Obtain needed clothing items by adding ___ skills</p>	<p>Activity 4.9.1: identify garments needed based on Current clothing owned Season activity</p> <p>Activity 4.9.2: choose an appropriate store based on (select) Clothing needed Preference budget</p> <p>Activity 4.9.3: try on clothing before purchase, following procedures (select) Take clothing to dressing room Identify number of garments to attendant Enter dressing room Re-hang clothing Return unwanted clothing to appropriate location</p> <p>Activity 4.9.4:determine fit of garments, comfort of garments</p> <p>Activity 4.9.5: estimate cost of garment(s) selected taking into account sales, gift cards, and taxes</p> <p>Activity 4.9.6: Pay for garment(s) using (select) Cash Check Credit card Debit card Gift card</p>
<p>Goal 4.10</p>	<p>Develop money management abilities by opening a savings account</p>	<p>Activity 4.10.1: complete the paperwork necessary to open a savings account, make deposits, and make withdrawals</p> <p>Activity 4.10.2: closely estimate the value of a savings account.</p>
<p>Goal 4.11</p>	<p>Develop money management abilities</p>	<p>Activity 4.11.1: complete paperwork in order to open a checking account and make deposits</p> <p>Activity 4.11.2: demonstrate ability to write checks</p>

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	by opening and maintaining a checking account	<ul style="list-style-type: none"> _ legibly writing out number words and corresponding numerals _ record amount of check in check register _ balance register by subtracting amount after each check is written _ identify safety rules (never sign blank check, draw line after dollar amount _ complete steps for a stop payment on a check
		Activity 4.11.3: Use electronic program to reconcile checking account (ex: Quicken)

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Domain 5: Related Services		
Goal 5.1	Apply for Vocational Rehabilitation assistance	Activity 5.1.1: Contact Vocational Rehabilitation office for case manager assignment
		Activity 5.1.2: Obtain, complete, and return application for services
		Activity 5.1.3: Make and keep ___ appointment with VR counselor for intake, planning
		Activity 5.1.4: Make and keep appointment for VR assessment
		Activity 5.1.5: Keep appointment for VR assessment review
Goal 5.2	Pursue financial aid sources	Activity 5.2.1: Fill out FAFSA online before deadline
		Activity 5.2.2: Make appointment with guidance counselor to explore financial aid options
		Activity 5.2.3: Apply for appropriate financial aid option
Goal 5.3	Pursue waiver options related to eligibility category	Activity 5.3.1: Access waiver application from DHR agency
		Activity 5.3.2: Complete application process
Goal 5.4	**Make and keep appointment with Special Student Services to request academic support	Activity 5.4.1: Contact Special Student Services specialist for appointment
		Activity 5.4.2: Make list of requests, including preferred learning style and anticipated need.
		Activity 5.4.3: Request assistance based on learning style, academic need

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Domain 6: Daily Living Skills		
Goal 6.1	**Independently completes basic hygiene on a regular schedule	6.1.1: Conducts self-check for social readiness (clean hair, face, hands, teeth, clothing)
		6.1.2: Employs routine to complete morning and evening personal hygiene tasks
		6.1.3: Addresses feminine hygiene needs
		6.1.4: Appropriately requests assistance in completing hygiene tasks, when needed.
Goal 6.2	Prepares food in microwave	6.2.1: Locates time requirements on package
		6.2.2: Sets time appropriately
		6.2.3: Handles hot food safely
Goal 6.3	Completes ___ steps in clothing care task list.	6.3.1: Separates dirty clothing from clean clothing
		6.3.2: Separates light and dark laundry
		6.3.3: Operates washing machine
		6.3.4: Operates dryer
		6.3.5: Manages coin-operated washer/dryer
		6.3.6: Folds clothing
		6.3.7: Hangs shirts and pants on hangers
Goal 6.4	Complete ___ steps to operate door lock mechanism	6.4.1: Locks and unlocks door from inside
		6.4.2: Uses magnetic key card to unlock door
		6.4.3: Uses magnetic key card to activate outer door release
		6.4.4: Uses key to unlock/lock door
Goal 6.5	Manages time schedule for activities/medications	6.5.1: Uses electronic device to prompt medication dosage time
		6.5.2: Uses calendar (paper or electronic) to record & schedule appointments, classes, activities
		6.5.3: Takes into account travel time or preparation time when scheduling classes or appointments

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