

At a glance — Outcomes of adults with ASD (18-64 years) who received DD services



DD Service Access

Did not receive all needed services

25%

Reportedly did not receive all the services they felt they needed.

Received respite services

51%

Received respite care if they lived in the home of a parent or relative.

Average number of services received

6

Was the average number of services funded by state or county agencies from a list of 13.



Health and Mental Health

Had co-occurring health conditions

51%

Had at least one additional health condition from a list of 11 common conditions.

Had co-occurring mental health conditions

54%

Had anxiety, mood disorder, psychotic disorder, or "other mental illness/psychiatric diagnosis" in addition to ASD.

Took medication to treat mental health conditions

64%

Took medication for either mood disorders, anxiety, and/or psychotic disorder, and/or behavioral challenges.



Employment and Other Day Activities

Had a paid job in the community

14%

Worked in the community for pay in settings that also employed people without disabilities.

Were in unpaid, activities in facilities

42%

Participated in unpaid activities in facilities with others with disabilities (sometimes called day programs).

Had no work or activity

27%

Had no work or activities in the previous two weeks in community or facility-based settings.



Living Arrangements

Lived with a parent or family

49%

Lived in the home of parents or other relatives. Of these, 81% had been there over 5 years.

Lived in a group home

27%

Lived in a group home consisting of 1 to 15 people with disabilities. 31% of these were in 1-3 person homes.

No funding for services in a parent or relative's home

38%

Of those who lived with parents or relatives received no paid in-home supports.



Social and Community Participation

Got out in the community

80%

Shopped, dined out, or did errands in the community at least once a month.

Had a friend

72%

Of the subset of adults who could self-report answers to questions said they had a friend who was not a family member or a staff person.

Chose their schedule for themselves

43%

Made their own choices about when to get up, when to eat, and when to go to sleep. 40% chose what to do with their spending money.



Independence and Rights

Had a guardian (limited or full)

53%

Had a court-appointed guardian on a limited or full basis.

Had some social independence

74%

Could be alone with friends or visitors in their home.

Read more about each of these indicators in the chapters that follow.